



Eating a piece of
dark **chocolate**
every day is **just**
what the doctor
ordered.

~ Sidineia

noncount noun

medical idiom

I **wake myself**
up at six in the
morning every
day.

~ Rebeca



phrasal verb

reflexive pronoun

Human beings need **someone** to rely on.
Rosanna and I are sisters, cousins and best
friends. We are **always** there **for** one another.

~ Wendy



indefinite pronoun

frequency adverb

preposition

My four
children can
sleep while
traveling.
Last summer
during **our**
vacation to
Arkansas,
they **slept**
a lot!

~ Emma



possessive adjectives

irregular plural count noun

irregular past verb tense

I used to get only **a few** customers a day in my small store in Framingham, but now I get **more!**

~ Azucena



a few or few

comparative adjective



I **can** use a cell phone
at my job but I **can't**
take a nap.

~ Maria

*positive and negative
ability modal*



I **can** ride a bicycle
now but I **couldn't**
a few weeks ago.

~ Shao Feng...
moved to California...
Sidi is reading for her.

ability modal:
contrast between
present and past,
positive and negative

My husband and I went **on** a cruise,
the Spirit of Boston, to celebrate our 7th
wedding anniversary last fall!

~ Natalia



preposition of movement



My dog Dolly was **back on her feet**
the day after a major operation.

~ Venera

medical idiom



I **usually** ride a bike
on Sundays **in** the
Framingham area.

~ Saskea

frequency adverb

preposition of place

I took this picture last month in Osaka, Japan.
Before I went on this trip, I **made some**
arrangements with my family and my ESL teacher.

~ Nina



make or do

indefinite

adjective



I am out of shape and cannot ride a bike for a long distance. I **need to** get back to **doing** exercise.

~ Andreia

necessity and requirement modal

make or do

**We're sitting, we're writing,
the class is working...**



present continuous verb tense

We wrote a song
and showed **our** teacher
that we know how **to sing** a song!



~ the class

possessive adjective

infinitive verb



He's playing, he's dancing
Koge is jumping.

He climbs like a monkey
he watches a cartoon.

He's so smart
he learns so fast!

*~ Samah
with Maria
and Sidi*



present continuous verb tense

One of my **first** goals
was to graduate from
bilingual secretarial school
and I did **last** year!!!!

~Jaqueline

adjectives





The tadpole transformed **into** a frog.

~ Rebeca, Jaqueline, Venera, Sidi

preposition of movement

The tadpole transformed into
a **jumpy** frog.

~ Rebeca, Jaqueline,
Venera, Sidi



adjective

The **crazy** tadpole transformed into
a **jumpy** frog.

~ Rebeca, Jaqueline,
Venera, Sidi



adjectives

The crazy tadpole transformed
into a jumpy frog **energetically**.

~ Rebeca, Jaqueline,
Venera, Sidi



adverb



I **was** not able to **give birth** to more than one baby as I **had** a heart condition.

~ Olga



medical idiom

irregular past verb tense

Life is amazing and surprising! **Next** year I **will give birth** to two little princesses. It'**ll** be an amazing experience!



My wish is that I **will give birth** safely.

~ *Camila*

*future verb tense &
future time expression*

medical idiom

We can speak more and more **English** every day!



We say this all together at the end of every class. 😊

capitalize the first letter of proper nouns, including languages